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222 !Kung women, who are slender-armed and do this monotonous work to the end of their lives. All roots—a major food—are gathered in identical fashion. The implement for this is a digging stick—made usually by a woman's husband from any of a number of hardwoods: the bark is peeled from a branch, a point is whittled sharp. Women, squatting, dig narrow holes in the earth with these sticks, and tug until the root they have reached comes free. Berries are picked—high ones jostled down with sticks and sought for carefully among the grass stems. Nuts are collected on the ground.

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224 SMALL ANIMALS, such as tortoises and even grasshoppers, are sometimes captured by the women and brought home in the evening—such small creatures are also considered *veldkos*. The women, too, will kill snakes, even puff adders. When they see a puff adder, they gather around it in a little crowd, their high laughter tinkling while they drop large, heavy things on its flat head.

222 Averaged over a year, women
461 gather on four or five days of each week—the number of days depending

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222 461 on the season. In the long days of wilting between the October spring and the January summer, food is scarce and the women may go out every day into the failing veld, leaving their *werft* early in the morning and returning late in the afternoon. All 222 422 593 that a woman gathers belongs to her alone, and of course is shared with her family. She feeds her husband, her children and often a visitor or two, at her own hearth. No formal instruction 222 868 857 is practiced among the !Kung, with the possible exception of certain kinds of religious teaching and what might be called an occasional hunting school. Learning to gather comes from the children's observation of the more experienced women. Girls soon learn to [824] recognize more than a hundred kinds of edible plants that grow in *Nyae Nyae*, as well as the seasons and places in which these plants grow. They learn to see tiny, shriveled root vines coiled around thorns in the thickets and, in the process, develop fine powers of observation. Possibly complementary to this lack of formal instruction, no formal pressure is exerted on young people to take up adult roles. Girls, if they wish, accompany their mothers on gathering trips. If they do not, they rarely feel guilty. A girl usually be- [582] gins to feel responsible soon after she marries, which is often before puberty. But only when she has children of her own does a woman see the world through the eyes of a provider.

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224 meat to the owners of the territory should they happen to encounter them,
[43] but this is a gift, not an obligatory tribute. The vastness and emptiness of
[182] the country allow this freedom in hunting rights and the wandering nature of the game requires that the hunters, if they are to succeed at all, be free to look for game wherever they can find it.

222 The !Kung eagerly pick up tortoises, certain kinds of lizards, snakes,
ostrich eggs, and grasshoppers, and they relish termites when these insects
[262] swarm out in nuptial flight. These items provide incidental delicacies and gathering them is like the gathering of veldkos. The person who gathers
224 them may keep them for himself and his own family. Men gladly shoot small
223 animals and birds if they happen upon them—wart hogs, duikers, other small antelope, porcupines, badgers, pythons, spring hares, ostriches, paouws, guinea fowl, red-winged partridges, occasional migrating geese, and other birds. They may keep them for their own families. They do not, however, devote their hunting time to the smaller animal creatures if they find fresh spoor of the larger ones. Hunting the big game animals that feed a whole band is the work of a man's prime and is incumbent on him.

224 Hunting parties usually consist of from two to four or five men. A man cannot hunt effectively alone in this country. Several parties hunting in different directions are more advantageous than one larger party. Any man may organize a hunting party, with relatives and friends from his own band or from neighboring bands—men he likes to hunt with. No one is formally a leader; the men talk and plan together and are likely to fall in with the suggestions of the one whom they consider the best hunter. Participation in any given hunting party is voluntary. What !Kung society urges is that the
[461] hunters hunt; it does not restrict the ways and means. The force of public
[626] opinion upon men not to sit in the werf, not to be lazy but to do their share, is tremendous.

The game the !Kung hunt deliberately and purposefully are the several big antelopes found in the region: eland, kudu, gemsbok, wildebeest, hartebeest, springbok. They also hunt the more rarely seen buffalo and occasionally manage to shoot a giraffe. Although there is this considerable variety of kind, there is not a great abundance of game. The herds are small and the hunts long and hard.[6] The antelope, because they can go for long periods without drinking, move and drift about anywhere in the vast monoto-
[409] nous veld and are very difficult to find. Hunters often search for days, cover-
[411] ing scores of miles, before finding spoor fresh enough to follow, and they may follow it for days before catching up with the animal. Their little arrows kill by poison rather than by piercing deeply, and, when an animal is shot, if it is big, it may wander for three or four more days until it dies of the poison.
[136] Smaller animals succumb in a shorter time. The hunters must track the animal and find it before the lions, leopards, hyenas, jackals, or vultures devour it.

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They hang meat in the bushes to dry and can keep it for some time. It is not uncommon for them to eat quite sparingly and save bits for a coming journey or against a future day of hunger, as they eat sparingly of mangetti nuts and *tsi* when they must make a supply they have carried from a great distance last as long as possible.

The !Kung are well accustomed to restraining themselves in regard to food. Thus when a visitor comes to a fire where people are preparing food or eating, he should sit at a discreet distance, not to seem importunate, and wait to be asked to share.

Although the hunters supply only about a fifth of the people's food and the women four fifths, the women play a dependent role in !Kung society. Nevertheless, the men do not ill-treat the women and require no extreme form of obedience or subservience of them.

The primary factor in the dominance of the men is undoubtedly strength. !Kung men are small and slender, but they are wiry and vigorous and, with their strength, they carry and protect the very life of their people.

Another factor that brings men clearly forward is the character of hunting and its reward. Women bring the daily food, but there is nothing splendid about returning with vegetables and wood. Many of the vegetable foods, furthermore, are rather tasteless and harsh and are not very satisfying. The return of the hunters is vastly different. The intense craving for meat, the anxiety that goes with the hunt, the deep excitement of the kill, finally the eating and the satisfaction reach to the very core of the people, engaging powerful emotions. Once a young man, /Qui, who was said to be the best hunter in the region, had been charged by a magnificent cock ostrich on a big open pan where there was no refuge. He knelt, facing the creature, until it was within close range and shot an arrow straight into its heart. Back in the werf, while the meat was being cut up and distributed by /Qui's wife's brothers, he slept exhausted on the mound of black and white plumes and the women—some of the plumes in their hair—danced a dance of praise around him. This is the role of !Kung hunters.

MATERIAL CULTURE

HOUSE TYPE AND SETTLEMENT PATTERN • The building of the scherm—the Bushman reed-and-grass dwelling—is women's work, associated with vegetation and gathering. Each woman builds for her own family. However, unless no better shade can be found or unless it is raining, the women often do not bother to build these shelters. Especially after the long days of walking, it is easier just to settle in the bushes.

In the Nyae Nyae region, wood and grass are everywhere, and a woman can gather her material and build her scherm in less than an hour. She breaks up flexible branches about six feet long, digs holes with her